

Post Title:	Sport & Physical Activity Intern
Department/Faculty:	Trinity College Dublin Students' Union (TCDSU) supported by Trinity Sport
Location:	Based at Trinity College Sports Centre and other venues as when required
Reports to:	Students Union Welfare Officer supported by the Student Sport Pathway Manager/ Sport Participation Officer
Salary:	A salary of €451.50 per week will be provided as part of the internship. Travel, fees, and other expenses will be covered as appropriate
Hours of Work:	35 Hours Per Week, weekday and weekends as required (flexible hours will be required in line with role)
Duration	9 months from August– 28 th April 2023
Closing Date:	4 th August 2022

Opportunity Summary

The range and diversity of sporting opportunities available to Trinity students is a key part of campus life and represents an integral part of the student experience in College. The intern will help to increase student participation in sport and physical activity and to represent the interests of students in the development and provision of an innovative programme of sport and physical activities. The role will work collaboratively with colleagues from TCDSU and Trinity Sport to develop initiatives to involve more students in sport and physical activity, as a key element of maintaining a healthy lifestyle during their time at Trinity.

Principal duties

- Develop, co-ordinate and evaluate programmes and initiatives for students to engage with sport and physical activity at Trinity
- Develop and deliver specific programmes and initiatives targeted at increasing participation of under-represented groups including LGBTQ+ community, minority and ethnic group and those with a disability
- Develop programmes specifically targeted at increasing participation of female students
- Assist with the co-ordination and delivery of sport and physical activity events such as Health & Sport Week, Freshers week, sports awards, open days etc.

- Promote and raise awareness of the physical, mental and academic benefits of participating in physical activity, co-ordinating wellbeing initiatives as appropriate
- Contribute to the development and promotion of the existing social sport programmes, on campus and at other relevant locations (e.g., Halls).
- Work with the SU team to plan sport and physical activities, events, and campaigns as part of the annual programme of themed weeks throughout the year
- To assist with and promote projects and initiatives associated with the Healthy Trinity movement and groups.
- Provide regular updates and reports on activities and programmes.
- Engage in Personal Development Planning to achieve goals identifying a skills and capabilities to develop during the 9-month programme.
- Any other duties as deemed appropriate by the SU Welfare Officer and the Student Sport Pathway Manager

Learning outcomes

At the end of the internship period, the suitable candidate can expect to have developed the following;

- Insight into workings of the student sport arena
- Insight into the process behind sport and physical activity development and initiatives.
- Interpersonal and networking skills from working with a mix of teams and personnel from all levels within and external to the organisation.
- Task management from being able to juggle multiple demands and deal with them in a timely manner.
- Training and development opportunities (courses, seminars, conferences) as appropriate.
- An introduction to the national and international third level sporting sector

Further Information

Informal enquiries about this internship should be made to the Student Sport Pathway Manager lisa.cafferky@tcd.ie

The Candidate

- A recent graduate, looking to pursue a career in Sports Development
- Experience of delivering and leading on sports projects
- Actively involved and interested in sport and/or physical activity
- Knowledge of barriers to participation in sport and physical activity
- A team player, approachable and a willingness to network.
- Good communication skills and attention to detail.
- Someone who has high energy and enjoys working in a busy, exciting, and constantly changing environment.

- Ability to write reports and good IT skills (MS Office).
- Undergraduate degree in Sport or Physical activity (desirable)
- Coaching or fitness instructor qualification (desirable)

Application Information

Applications for this post should be emailed to lisa.cafferky@tcd.ie by 4th of August 2022.

In order to assist the selection process, applicants should submit a Curriculum Vitae and a Cover Letter (1x A4 page) outlining **why they are suitable for this role**. They should also include in the Cover Letter reference to any **previous experience of their involvement in sport** (this can include volunteering, participating, coaching, or other work experience) and why they feel it is important to develop initiatives to engage as many students in sport and physical activity.