



## TI HIGH PERFORMANCE

### FISU World University Triathlon Championship Selection Criteria

Nyon, Switzerland - 7th August 2016

The selection criteria below have been outlined and reviewed by Triathlon Ireland (TI) to support suitable athletes the World University Championships in Nyon Switzerland on the 9th of August 2016. The overriding Selection Principles of TI for the 2016 Championships is to achieve a Top 10 position whilst exposing potential Tokyo 2020 athletes to a major championship competition environment. Selected athletes must meet the stated criteria in full (TI Selection Criteria, FISU general, and academic).

#### 1. Conditions of Selection

The Selection Panel will consider an athlete for selection if the athlete has satisfied the minimum performance standards outlined in 1.4 as well as the conditions of selection criteria listed below in 1.2, which are listed in order of priority.

1.1 Selection Date will take place on or around the 7th of July 2016 and officially announced after this point. Athletes must be able to travel between the 1st and 8th of August 2016. Athletes will be expected to travel as a team.

1.2 Specific Selection Criteria - Men and Women

##### a. Selection Criteria to be achieved within the last 6 months:

*Criteria is listed in order of priority:*

- i) Any athlete finishing in the Top 40% of finishers within 3% men, 5% women of the winner's time in a ITU World Series will gain automatic selection;
- ii) Any athlete finishing in the Top 25% of finishers within 3% men, 5% women of the winner's time in a ITU World Cup will gain automatic selection;
- iii) Any athlete finishing in the Top 33% of finishers within 3% men, 5% women of the winner's time in an ETU cup may be considered;
- iv) Podium finish at National Championships Standard Distance event (Hell of the West 26/6/16), subject to the quality of the field, may be considered;

1.3 If more athletes satisfy the automatic criteria then those athletes will be ranked in terms of a combination of the following factors:

- Percentage of field finish place;
- The percentage time behind the first placed athlete;

1.4 **MEN**

- meeting the minimum standard swim, bike, run indicators as below:

- a) Swim Protocol 400/300/300/300 minimum starting 100 sub 1:05 1.11 average cycle
- b) Bike 10 mins p/w 4.5 w/kg (Threshold power)
- c) Run protocol 6 min run off 18.7kph

**WOMEN**

- meeting the minimum standard swim, bike, run indicators as below:

- a) Swim Protocol 400/300/300/300 minimum starting 100 sub 1:09 1.16 average cycle
- b) Bike 10 mins p/w 3.7w/kg (Threshold power)
- c) Run protocol 6min run off 16.50kph

*Protocols available from HPU upon request*

1.5 Should no athlete meet the above criteria the Selection panel may consider at their discretion athletes meeting the minimum performance standards outlined in the ***TI Fitness To Compete Policy***.

1.6 **Extenuating Circumstances:**

In any decision regarding the selection of athletes to the Team, the Selection Panel may, in their sole discretion, take into account any extenuating circumstances which may include, but are not limited to, the following :

- a) Injury or illness;
- b) Travel delays;
- c) Equipment failure;
- d) Bereavement or personal misfortune; and/or;
- e) Any other other factors reasonably considered by the Selection Panel to constitute extenuating circumstances.

Athletes unable to compete at events, trials, or other attendances required under this Selection Criteria, must advise the TI Technical Director/ Lead TI coach of the extenuating circumstances and reasons, in writing, with as much advance notice as possible and ideally seven (7) days prior to the commencement of the event, trial or other attendance. If the extenuating circumstance occurs during the race, the Chair of the Selection Panel should be notified in writing within 4 hours of the completion of the race. If the TI Technical Director/Lead TI Coach is not notified of any extenuating circumstances in accordance with this Selection Criteria, then the Selection Panel have no obligation to rely on such circumstances.

In the case of injury or illness, athletes may be required by the Selection Panel to provide a medical certificate and/or to undergo an examination by a health practitioner/s nominated by the Selectors, and to provide that opinion and/or report to the Selectors. Any failure to agree to such a request may result in the Selection Panel being unable to consider the injury or illness as an extenuating circumstance.

In the case of any extenuating circumstance/s, the Selection Panel will make a decision on a case-by-case basis.

## 2. Selection Procedure

After consideration of this Selection Criteria, within reasonable time of the Selection Date, the Selection Panel will follow the following procedure:

- a) Confidentially inform all athletes who might reasonably have had a selection claim of their intended selection or non selection;
- b) Be solely responsible for publicly announcing the team, allowing sufficient time to hear any questions or appeals;
- c) Discuss with selected athletes, agree and communicate their necessary preparation plan for the Event;
- d) Nominate selected athletes through the appropriate Event entry process in good time.

## 3. Appeal Procedure

- 3.1 Selection Appeals: An athlete may appeal to TI against their non-selection in accordance with the TI High Performance Selection Appeal Policy within 48 hours of their notification. See ***TI Selection Appeals Policy***.

## 4. Reserve Athlete Procedure

Triathlon Ireland will use the following Fitness to Compete Policy to judge when and if the reserve athlete(s) will be used.

The Fitness to Compete policy is a three stage protocol detailed in ***TI Fitness To Compete Policy***.

- a) Phase One Mandatory fitness test sets;
- b) Phase Two implemented only if any athlete is unable to train at their full capacity;
- c) Phase Three implemented only if any athlete is unable to train at their full capacity

If an athlete(s) fails to fulfil the requirements of (b) or (c) above, The Selection Panel have the right to substitute for the reserve athlete(s).

## 5. Athlete Personal Contributions

- a) The cost of participation is ultimately the responsibility of the athlete. Each selected athlete will be required to make a Athlete Personal Contribution (up to two-thirds) directly to Student Sport Ireland (SSI) towards the cost of their entry/ participation, travel and accommodation.
- b) Student Sport Ireland (SSI) will not be in a position to provide any funding to support athletes participating at the Championships.
- c) It is mandatory that a coach/team manager from the athlete's federation travels with the athlete/s. Triathlon Ireland will contribute towards the cost of the coach/team manager.
- d) The athlete's college or university may be in a position to support his/her participation. Therefore it is advised, even at this early stage, that students with intent to participate should approach

their college sports officer to present their interest and determine if the college may be in a position to support their participation costs. Evidence of this support must be provide in writing to the NGB by 21st March 2016.

<b>Approximate Costs</b>	<b>Athlete</b>	<b>Team Coach</b>
<b>Flights</b> (Est. pending time of booking)	500	500
<b>Hotel 1- 8 August 2016</b> €70 pp per day	560	560
<b>FISU on site reg fee</b>	20	20
<b>SSI admin fee.</b> For students attending non SSI affiliated colleges	150	na
<b>SSI admin fee.</b> For Student attending <a href="#">SSI affiliated colleges</a>	75	na
<b>Gear</b>	200	200
<b>Insurance</b> (Obligatory cost varies by location)		
<b>Total Cost</b> (Est.)	1525	1280

## 6. Selection Criteria (Sport)

- 6.1 Athletes must be members in good standing with Triathlon Ireland and have signed an Athlete's' Agreement confirming that they adhere to the federation's code of conduct;
- 6.2 Athletes must be eligible to represent Ireland in International Championships under the rules of the International Triathlon Union (ITU) from the time of selection until the completion of the competition;
- 6.3 Athletes must be compliant with Triathlon Ireland's Anti-Doping policy and if required be available for out-of-competition testing at all times. If required to do so by WADA or the ITU, they must maintain a record of their whereabouts using the ADAMs system;
- 6.4 Selected athletes must confirm, two weeks prior to the event that they are able to compete to the standard that earned them selection and additional information and clearance from Triathlon Ireland's Medical Officer and or the Technical Director may be required. Athletes must not race in the 15 days prior to the respective Championship, unless otherwise approved by the selection panel;
- 6.5 Maximum team sizes will be dependent upon budget approval and available funding.

## 7. Student Sport Ireland Eligibility Criteria for International Competitions.

- 7.1 A student must be fully registered and hold a student card for the institution with which they are internally registered.
- 7.2 Students must be a national of the country they represent.
- 7.3 Students must be at least 17 years and less than 28 years of age on January 1st in the year of the event.
- 7.4 Students must be pursuing a course of study that is equivalent to 60 ECTS (European Credit Transfer System) credits per annum in Ireland and that leads to an award ranked at a minimum of Level 6 on the NQAI Framework (National Qualification Authority of Ireland), or 120 UK Academic credits per annum in Northern Ireland.
- 7.5 The academic year shall be defined as October to September. Students in any institution with an academic calendar not running concurrently with this will be eligible for the academic year during which they enter and any subsequent academic years depending on the E.C.T.S. value of their course.
- 7.6 Students will be eligible for competition under the year of grace rule if they have obtained their academic qualification in the year (calendar year) preceding the event.

## 8. Procedure

The Student Sport Ireland High Performance Committee makes an appropriate recommendation based on satisfying the above eligibility criteria for ratification of students for international competitions. The decision is communicated to the student and their institution. An appeal of the decision is submitted as per the SSI appeals procedure ([Student Sport Ireland Appeals Procedure](#)) and is dealt with by the Eligibility Working Group.

## 9. Dates / Application

**February** First expression of interest - **Monday 22nd Feb 2016**  
*from athletes who expect to meet the criteria and who can prove eligibility from criteria above*

**March** Written confirmation of Funding - **Monday 21st March 2016**

**June** TI Selection Date - **Monday 27th June 2016**

All applications for the above should be emailed to Lynne Algar, HP Coach  
@ [lynne@triathlonireland.com](mailto:lynne@triathlonireland.com) no later than the dates given above at 5.00pm.