70% of participants take part in individual based sports.

64% of students are 'highly active'.

65% of students participated in sport in previous 4 weeks.

71% of male students are highly active.

58% of female students are highly active.

TOP 10 PARTICIPATION SPORTS (IN AND OUT OF COLLEGE):
- Exercise
- Gaelic
- Football
- Soccer
- Running
- Walking
- Swimming
- Cycling
- Dance
- Weightlifting
- Badminton

1 in 7 students are members of a sports club in college.

53% playing sport only in college took up a new activity since starting college.

42% of sports clubs provide for individuals with a disability.

40% of students actively commute to college.

34% of students walk to college.

6% of students cycle to college.

From 2009 to 2013, 6,700 sports scholarships were awarded primarily across: Gaelic, football, soccer, athletics, basketball, hurling, rugby union, camogie, and golf.

Colleges spend €11 million per annum in current investment in sport and physical activity.

Colleges expect to invest €50 million from 2015 to 2019 in capital spending on sport.